



## Quarterly Leadership Recharge

Now that you're in a leadership role, you know you can benefit from ongoing coaching support. My Quarterly Leadership Recharge is ideal for leaders like yourself who want to **maintain momentum and confidence** as you experiment with the new perspectives and ideas that you develop during our coaching interactions.

Here's how it works:

Quarterly Leadership Recharge	
<b>4</b>	<b>4 coaching sessions per year</b> (once every 3 months by Zoom / phone) 90 mins each Coaching Preparation Questions provided beforehand
<b>=</b>	<b>Opportunity to:</b> <ul style="list-style-type: none"> <li>▪ Connect/reconnect &amp; check in (leader and coach)</li> <li>▪ Review and celebrate progress to date</li> <li>▪ Identify &amp; address current challenges and new objectives</li> <li>▪ Commit to new actions &amp; intentions moving forward</li> </ul>
<b>∞</b>	<b>Unlimited email support</b> between sessions
<b>+</b>	<b>Models, tools &amp; job aids</b> shared where applicable

**Investment: \$1645 (+ HST)**

Payable in instalments,  
invoiced to individual or sponsoring organization.

I look forward to the opportunity to support your ongoing growth and impact as a leader!

Maggie DiStasi, PCC, TICC  
Career & Leadership Coaching for Trauma Survivors  
[www.maggiedistasicoaching.com](http://www.maggiedistasicoaching.com)